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Protests keep Coulter off campus

Pundit's appearance at University of Ottawa scrapped over fears of violence

American right-winger Ann Coulter's speech at the University of Ottawa was scrubbed last night after organizers said security could not guarantee her safety from protesters outside.

A spokesman for the organizers said about 2,000 "threatening" student protesters pressed up against

the doors and security advised she not appear.

"It would be physically dangerous for Ann Coulter to proceed with this event," said Conservative activist Ezra Levant.

"This is an embarrassing day for the University of Ottawa and their student body ... who chose to silence her through threats

and intimidation."

The announcement was greeted with shouts of "Shame" and "We want Ann" from about 100 who had managed to get into the hall.

But even before the protesters arrived, there were signs of trouble. A crush of bodies greeted organizers about 90 minutes before

Coulter's 8:15 p.m. speaking time as about 1,000 showed up for the 400-seat hall. At about 7:30 a fire alarm was triggered.

Then hundreds of protesters arrived, mostly students carrying signs and chanting. There



Ann Coulter

was no accurate head count, but one student said the protesters accounted for about several hundred.

A protest organizer, student Mike Fancie, said he was hap-

py they were able to stop Coulter from speaking.

"What Ann Coulter is practicing is not free speech, it's hate speech," he said. "She's targeted the Jews, she's targeted the Muslims, she's targeted Canadians, homosexuals, women, almost everybody you could imagine."

THE CANADIAN PRESS EDITORIAL & CARTOON, PAGE 8

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SCAN LIFE

WHAT'S THIS BARCODE FOR?

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Springtime in Stockholm

On the web

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NHL **Nice save!**



Ottawa Senators goaltender Brian Elliott makes a glove save in the third period against the Philadelphia Flyers at Scotiabank Place last night. Elliott helped shut out the Flyers 2-0. **Story, page 12.**

Canadians support birth control in G8 health plan — but maybe not abortion

SURVEY A new poll suggests Canadians overwhelmingly support providing contraceptives to the world's poorest women.

The Canadian Press Harris-Decima survey comes amid debate over Prime Minister Stephen Harper's plan to champion maternal and child health in developing countries during the coming G8 summit.

The poll indicates 74 per cent believed the plan should include government funding for contraception; only 21 per cent were opposed.

But respondents were split as to whether Harper's initiative should include funding for abortion, with 48 per cent opposed and 46 per cent in favour. Harris-Decima chairman

74% The poll shows 74 per cent of Canadians are in favour of providing funding for contraception in poor nations.

Allan Gregg says the poll helps explain why the government has clarified its willingness to provide contraception but has so far refused to be pinned down on the abortion question.

The government's intent regarding abortion got even murkier yesterday. Conservatives opted to vote against a Liberal motion that called on the government to include "the full range of family planning, sexual and reproductive health options" in the G8 initiative. **THE CANADIAN PRESS**



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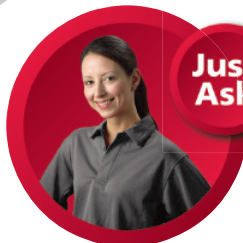
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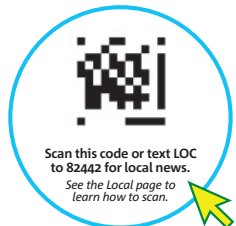
Local



Francophone breakfast to launch symposium

Mayor Larry O'Brien, left, hosts his fourth annual breakfast for Francophone community organizations tomorrow morning. From 7:30 to 9 a.m. at city hall, the event will also mark the opening of an International Symposium on Language Planning in Capital Cities and Urban Contexts.

METRO OTTAWA



News in brief

STEPHEN LEWIS The people's battle against cancer hits the doorstep of Carleton University tomorrow. In a free presentation at the university's Bell Theatre, humanitarian Stephen Lewis will outline the difference that an engaged and active public can make in the battle against cancer.

METRO OTTAWA

metronews.ca
What's online today.

Video Decades after it was legalized, abortion remains a political hot potato on both sides of the border at metronews.ca/world

Blogs SpinDoctor takes the Tories and Liberals to task for ham-fisted message management

Lotteries
Ontario Pick 3: 890; Ontario Pick 4: 9532
Encore: 1235750
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These results are not official.

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Fashion Week set to hold up mirror

City's style always changing, doesn't deserve staid reputation, says director

TRACEY TONG
tracey.tong@metronews.ca

What does Ottawa look like?

For starters, we haven't earned our reputation as a staid government town, said the director of Ottawa

Fashion Week.

"There's definitely an identity in Ottawa," said Hussein Rashid. "Every time you look at it, you see something different. You see different styles wherever you go."

Launching at 5 p.m. today at Ottawa Arts Court and

running through Saturday, fashion week will be like holding up a mirror to Ottawa, Rashid said.

"We want to show the city what it looks like," he said. In addition to spotlighting the Ottawa fashion industry, the event also aims "to provide local artists, designers

with a local venue, so they don't have to travel," Rashid said. "We're trying to create a venue where the art industry, including designers, musicians, artists, photographers and models can have a stage to perform ... we want people to feel like there is a market here, and that they

can plan a future here that incorporates fashion."

Thousands of people are expected to attend Ottawa Fashion Week, which features 12 fashion shows with local, national and international designers, all featuring ready-to-wear lines, and a marketplace.

Two high-profile candidates enter ward races

ELECTION A couple of well-connected candidates have registered to run for city council.

Fred Sherwin, the publisher of news website Orleans Online, submitted his papers to run in Orleans yesterday morning. Current councillor Bob Monette was among the first to file his papers. Jennifer Robitaille rounds out the field in Orleans.

Bruce Webster, president of the Richmond Village Association, is the third candidate running in Rideau-Goulbourn. Scott Moffatt and Bruce Christie have already filed their papers for the rural southwest Ottawa ward. Current councillor Glenn Brooks has not yet registered.

TIM WIECLAWSKI/METRO OTTAWA



Daniel Parker performs a prelude from the 4th Solo Suite in E Flat Major by Bach yesterday at the launch of this year's Kiwanis Music Festival. The festival takes place April 6 to May 1.

Music festival gives youth chance to learn from pros

LAUNCH When Daniel Parker first picked up the cello, he saw it as a way to balance out his mother's higher-pitched violin. Now when he picks up the cello, he sees his future.

Yesterday, at the National Arts Centre, the Grade 12 student launched the 65th Kiwanis Music Festival, which takes place April 6 to May 1, with his own rendition of Bach.

The young cellist has been competing in the festival for more than 10 years, previously winning top honours in the junior, senior and open categories.

Parker, who is actively pursuing a career in music, recognizes the doors that have been opened by his success at the Kiwanis festival.

"A world of possibilities and promise is opened up through music," said festival president Jim Brough. "This is an opportunity for talented kids to learn from professionals."

Organizers expect more than 10,000 competitors to compete for more than \$50,000.

MIRANDA MINASSIAN/
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4 local

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Wednesday, March 24, 2010

Educate yourself on vintage war planes

Vintage Wings of Canada and the Canada Aviation Museum will host its second two-day Warbird University Technical Ground School dedicated to Second World War aircraft this weekend. **METRO OTTAWA**

Learn from a DIY master

HGTV star to talk at home show

**Fame hasn't changed
Bryan Baeumler too much.**

The Gemini Award-winning star of HGTV's *House of Bryan* and *DIY Disaster* still makes his home in Oakville, Ont., where he grew up. He still works at his company, Baeumler Quality Construction and Renovations Inc., and is often the last one at a work site at the end of the day.

But one thing has definitely changed — a simple run to the hardware store can now take hours because of the number of fans that approach him.

"It can take me an hour to get a piece of trim," Baeumler chuckled. "I'll be answering questions about waterproofing and shingles, but I don't mind."

In fact, Baeumler is looking forward to these questions and more when he speaks at the Ottawa Home and Garden Show at Lansdowne Park this weekend.

Celebrating 30 years, the show begins at noon tomorrow and runs through Sunday, featuring gardening and home improvement ideas, presentations by experts, and culinary demonstrations.

Baeumler will be talking about renovations in general, how to avoid common pitfalls, how people can put green in their homes and how to save money.

"Another big thing I'll be talking about is how to build with your spouse," he said. "Quite often, the stereotypical thing is the wife bugging the husband to do the job, but the stereotype is falling apart," he said. "With so many seminars and so much information available, it's accessible to everybody."

A growing number of people are doing renovations themselves, he said. "When the economy is down, doing it yourself is a good way of saving money," he said.

TRACEY TONG/METRO OTTAWA

Theatre **Where the Blood Mixes**



Billy Merasty, left, and Ben Cardinal rehearse a scene from *Where the Blood Mixes*, by Kevin Loring, at the National Arts Centre. The winner of the 2009 Governor General's Literary Award for Drama, *Where the Blood Mixes* tells the story of a survivor of the residential school system and his daughter who reunite after two decades. The show runs until April 3.

Professor gets funds for religious study

OTTAWA A University of Ottawa professor has been awarded \$2.5 million to study religious diversity in Canada and identify global patterns in responding to it.

Department of classics and religious studies Prof. Lori Beaman's project, titled the Religion and Diversity Project, examines religious diversity in Canada and develops strategies to best respond to the opportunities and challenges presented by religious diversity while promoting a just and peaceful society.

The seven-year project assembles a multi-disciplinary team of 36 researchers at 24 universities in Canada, Australia, France, the United Kingdom and the U.S. to study how religious identity is formed by groups and how people outside the group perceive them; how law and public policy defines and limits religion and religious expression; and why gender and sexuality tend to be "flashpoints" within religion.

**TIM WIECLAWSKI/
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About 100 people on a Montreal-to-Toronto Air Canada flight had a scare today once the A-320 aircraft landed at Pearson International Airport. The pilot noticed an indicator light that signalled a hydraulic malfunction and alerted the airport the plane would have to be towed to the gate because of a steering problem. **THE CANADIAN PRESS**

Air passengers get scare

Canada



Tweet your Earth Hour to Metro

Earth Hour is Saturday at 8:30 p.m. What will you be doing? This week, we'll share some tweets from Metro readers.

@kevinodotnet: "I'll spend Earth Hour on Parliament Hill with a (carbon footprint friendly) beeswax candle keeping me toasty warm!"
Send you Earth Hour tweets to @metrotoronto.

METRO NEWS SERVICES

News in brief

MILITARY The Canadian military has quietly stopped reporting when soldiers are wounded on the battlefield and will instead deliver annual statistics to the public. The stark policy shift is described as a deliberate attempt to keep the Taliban in the dark. The weekend death of Cpl. Darren Fitzpatrick in an Edmonton trauma centre brought the directive to the forefront. The 21-year-old was mortally wounded in a previously unreported March 6 roadside bombing.

CHOLESTEROL Don't wait for grey hair to start worrying about artery-clogging cholesterol. A new nationwide survey has found almost one-third of Canadian adults in their 20s and 30s have unhealthy cholesterol levels. "This is worrisome because the impact of high cholesterol is progressive," said Dr. Marco Di Buono, research director for the Ontario branch of the Heart and Stroke Foundation of Canada.

THE CANADIAN PRESS

Toronto **White's fight**



UFC president Dana White responds during a presser in Toronto, yesterday. White reminded the provincial government about the popularity of mixed martial arts during the session. Ontario Premier Dalton McGuinty has been on the ropes for weeks over his refusal to sanction the popular sport in Ontario.

NEIL DAU/ONLINE CANADIAN PRESS

CRTC recommends complaints body

Canadian TV subscribers were put on a pedestal yesterday, with both cabinet and the broadcast regulator lavishing attention on how to protect the ordinary consumer.

The Canadian Radio-television and Telecommunications Commission (CRTC) said it would like to see a new, self-regulated, independent, customer-complaints body within the cable and satellite industry.

It would also like a government awareness campaign to tell people about the country's transition to digital TV signals in the summer of 2011. Many viewers with older sets won't be able to tune in after the conversion and the

commission suggests they should get some help to pay for the cost of a digital converter box, as was done in the U.S. Those were just two of the recommendations the CRTC sent to the government on the heels of the major decision on rebalancing the financial landscape in the broadcasting industry.

For the first time, the commission said TV networks can seek payment for programming, either in kind or cash, from cable and satellite companies. Those industries warn, however, that consumers will end up paying the bill.

The Federal Court of Appeals must first rule on the "value for signal" notion.

But Heritage Minister James Moore made it clear he'll be watching the ultimate impact on the average cable or satellite subscriber.

"We are concerned about what's in the best interests of consumers first," said Moore. **THE CANADIAN PRESS**



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I am having difficulty sleeping	<input type="checkbox"/>	<input type="checkbox"/>
I am feeling low in energy and slowed down	<input type="checkbox"/>	<input type="checkbox"/>
My appetite has changed	<input type="checkbox"/>	<input type="checkbox"/>
I am experiencing feelings of guilt	<input type="checkbox"/>	<input type="checkbox"/>
I have lost interest in work and pleasurable activities	<input type="checkbox"/>	<input type="checkbox"/>
I feel hopeless about the future	<input type="checkbox"/>	<input type="checkbox"/>
I feel tense and anxious	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty making decisions	<input type="checkbox"/>	<input type="checkbox"/>
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Quebec man arrested in U.S. for alleged drug smuggling

A 57-year-old man from Sorel-Tracy, Que., has been arrested in Arkansas for allegedly transporting about 90 kilograms of cocaine worth about \$4.5 million. The cocaine was in a hidden compartment of a trailer hauling new cars from California to Quebec. **THE CANADIAN PRESS**

Leaks in Halifax port security

A Transport Canada report into the escape of four Algerian stowaways from a Halifax terminal two years ago says there was a need for updated phone lists and security procedures at the port gate.

The men escaped at the port gate on March 16, 2008. The report's four recommendations are blacked out, but it said that since the incident, the terminal and police have had to work on some basic problems.

"All gates at the port now have updated phone lists (and new protocols) ... for dealing with stowaway incidents," said the review.

Senator Colin Kenny said the revelation is a disturbing signal that the

four agencies involved in port security — RCMP, Transport Canada, Canada Border Services Agency and the Department of Public Safety — didn't work closely together.

THE CANADIAN PRESS

News in brief

HAITI The Conservative government promised yesterday to keep a close eye on its signature aid project in Haiti, which was awarded to a subsidiary of Alberta company ATCO Ltd. for \$12 million without a public bidding process. Public Works Minister Rona Ambrose says the government plans to con-

duct a post-contract audit. **OIL PIPELINE** Coastal First Nations has publicly declared opposition to a proposed pipeline that would deliver oil from the Alberta tar sands to waiting ships on the coast of British Columbia, saying they'll do whatever it takes to halt the project. **THE CANADIAN PRESS**

'Straight shooter' remembered

EDMONTON Comrades of the latest Canadian soldier to die while on the mission to Afghanistan remember Cpl. Darren Fitzpatrick as a straight shooter — in all senses of the term.

"He was very, very good — especially with a rifle. He was an amazing shot," said Cpl. Cole Prier, a fellow member of the Edmonton-based 3rd Battalion, Princess Patricia's Canadian Light Infantry, who went through all his training with the 21-year-old infantryman.

But Fitzgerald's friends valued him for much more than his military skills.

"He was a very honest individual," Prier recalled yesterday. "If you asked him a question, you got a



Lt.-Col. Peter Dawe tells reporters yesterday at the Edmonton Garrison about Darren Fitzpatrick's role in Afghanistan.

straight answer. He was a very genuine person. You knew how he felt about everything because he let you know."

Fitzgerald, who was from Prince George, B.C., suffered extensive lower-body trauma March 6 when an improvised explosive device went off in

Afghanistan's Zhari district.

Lt.-Col. Peter Dawe, commanding officer of the 3 PPCLI, said Fitzgerald had been helping provide security to a group of fellow Canadian soldiers working as mentors with the Afghan National Army.

THE CANADIAN PRESS

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Comment

Testing the limits of free speech

TheWestView

Paul Sullivan

metronews.ca/thewestview

Who is that blond lady and why is everyone so afraid of her? I'm talking about Ann Coulter, the right-wing designer pundit from the U.S. currently cutting a swath through Ontario and head-

ing for Calgary, where right-wing pundits roam freely and the skies are not cloudy all day.

She's probably the only good-looking fashionable right-wing pundit in America, which isn't hard when the competition is Rush Limbaugh and Bill O'Reilly.

But while Coulter looks nice, she sure doesn't sound nice. In fact, she writes books called *Treason*, and *Guilty*, and says the nastiest things about liberals, or Democrats, as they're called in the U.S.

Here's one of the nastiest:

"Whether they are defending the Soviet Union or bleating for Saddam Hussein, liberals are always against America. They are either traitors or idiots, and on the matter of America's self-preservation, the difference is irrelevant."

Woo. Fightin' words.

But she's got a million of them, so many, in fact, a few have leaked out on her scorched earth tour of Canada. She told a Muslim student at one gathering to "get a camel" because she should be on a no-fly list, and commented that gay

men can't throw a baseball "without looking like a girl." I can hardly wait until she starts to get really comfortable in Canada.

Coulter was in trouble even before she got here. Her firebrand right-wing zingers so worried a VP at the University of Ottawa, the poor man thought it was a good idea to send her a pre-emptive note reminding her that in Canada our laws on free speech are "different" here and "I therefore encourage you to educate yourself, if need be, as to what is acceptable in

Canada and to do so before your planned visit here."

You don't have to be Ann Coulter to be offended by the patronizing tone of that, but she's something else. She has termed herself a victim of a "hate crime" and will file a complaint to the Human Rights Commission. The letter is a hate crime, she reasons, "or the whole commission is BS."

Ann Coulter and her fellow bigmouths do serve a function: They test the limits of freedom of expression. There's no one like

her in this country, not even guys like Ezra Levant and Mark Steyn, who fly on her wing. Everyone here has either been cowed into politeness by the threat of ceaseless official harassment, or honestly believes we all have to be nice to each other in order to get along.

But freedom is noisy. And Ann Coulter, like it or not, is the noise that freedom makes.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: How will you spend Earth Hour this Saturday?

Lisa Deacon
Ottawa

A: With the lights out. Sitting at home in the dark, maybe playing Scrabble by candlelight.

Beatriz Garcia
Ottawa

A: We live in a high apartment, so it's nice to turn off all the lights, light some candles and enjoy the view.

Devon Honeywill
Ottawa

A: I will turn off my lights.

Salvador Garcia
Edmonton

A: I plan to shut off everything in my house, including my TV, and unplug all that stuff. I'll chill out in the dark and probably take a nap.

Loralie Frandsen
Comox Valley, B.C.

A: Hopefully, I'll be on the beach, making out with my boyfriend, drinking a bottle of wine.

Gerald Rotering
Calgary

A: We're going to shut down the extra fans, lighting and electrical in the apartment. We participate every year.



Tell us your views by email to ottawaleaders@metronews.ca or comment on metronews.ca or on Twitter @metroottawa. Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Mikes pick up Biden's colourful emphasis

U.S. Vice-President Joe Biden added flair to President Barack Obama's signing of a historic health-care bill yesterday. "This is a big f--- deal," Biden told Obama. **THE ASSOCIATED PRESS**

9

World

8 children killed in school knife massacre

A former medical worker stabbed to death eight young children and wounded five others yesterday in a bloody rampage outside an elementary school in eastern China.

The 41-year-old attacker struck in the morning as students arrived for classes, mingling with parents at the school gates before suddenly pulling out his knife and slashing children, according to witnesses interviewed on local television.

In the aftermath, doctors treated small children and bodies lay covered in bloody sheets after the attack at Nanping City Experimental Elementary School in Fujian province. Police officers manned a cordon around the school. Some comforted distraught parents.

China has witnessed a series of school attacks in recent years, most blamed on people with personal grudges or suffering from mental illness.

The rampage in Nanping was finally stopped by passersby and school security guards and the attacker

Pattern of attacks in China

Recent school attacks include a July 2007 assault in which a mentally ill man wielding a wrench wounded 18 children and a teacher in a kindergarten in southern China before fleeing on a motorcycle and trying to stab himself to death. In June the same

year, a man slashed four students, wounding one seriously, in a high school in the southeastern city of Fuzhou, while elsewhere, police shot dead a suspected mentally ill man who threatened to blow up a school in southern China with dynamite.

was arrested, the reports said. The suspect was identified as Zheng Minsheng, 41.

Zheng worked as a senior nurse in a community clinic before resigning last June, the official Xinhua News Agency said.

Zheng was known to have a history of mental illness, said a man in the Nanping city government office.

An unidentified former co-worker interviewed on Fujian television said Zheng was "difficult to get along with."

Eight children were killed, and five were being treated at a hospital, Wu

said. Six died at the scene, which was smeared with blood from the sidewalk to the floor of an inner reception room. The victims' ages were not immediately known, but Chinese elementary schools typically have students ages six to 12.

THE ASSOCIATED PRESS



Canada to use G20 to pressure China on undervalued currency.

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India Deadly fire



A throng of onlookers get in the way of busy firefighters as they watch a building on fire in Kolkata, India, yesterday. The fire broke out in a multistory building, killing at least four people and injuring another 14, police said. Many desperate people clung to the sides of the building, waiting to be rescued.

Appetites have grown over time

DIET Jesus Christ might just have fries with that — and an extra-large pop, no ice — if the Last Supper was tonight.

A new study that nibbles at the roots of modern-day overeating finds 52 depictions of the Last Supper shows plate size and portions increasing dramatically over the past millennium.

Between the years 1000 and 2000, the average size of the main entree exploded by 69.2 per cent, plates grew by 65.6 per cent and bread expanded by 23.1 per cent, according to research by academic siblings Brian Wansink, a nutritional science professor at Cornell and author of *Mindless Eating: Why We Eat More than We Think*, and Craig Wansink, chair of religious studies at Virginia Wesleyan College.

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Researchers and activists in Russia warned yesterday that low taxes on vodka — which are three times less than in the Baltic states — have encouraged heavy drinking among Russians, cutting their average life expectancy by 10 years. About two-thirds of deaths in car accidents in Russia are alcohol-related. **THE ASSOCIATED PRESS**



Winemakers in the Winelands area near Cape Town, South Africa, say baboons have been eating away at the region's premium grapes.

Going ape for grapes

Baboons, it seems, prefer pinot noir. They also like a nice chardonnay.

Largely undeterred by electric fences, hundreds of wild baboons in South Africa's prized wine country are finding the vineyards of ripe, succulent grapes to be an "absolute bonanza," said Justin O'Riain of the University of Cape Town.

Winemakers have resorted to using noisemakers

and rubber snakes to try to drive off the baboons during harvest season.

"The poor baboons are driven to distraction," said O'Riain, who works in the university's baboon research unit. "As far as baboons are concerned, the combination of starch and sugar is very attractive — and that's your basic grape."

Growers say the primates are partial to sweet

pinot noir grapes, adding to winemakers' woes: Pinot noir sells for more than the average merlot or cabernet sauvignon.

Baboons have raided South Africa's vineyards in the past, but farmers say this year is worse than previous ones because the primates have lost their usual foraging areas due to wildfires and ongoing expansion of grape-growing areas.

THE ASSOCIATED PRESS

News in brief

WEB ACCESS Google's partial withdrawal from China has brought condemnation from the country's government, and confused Chinese clients and web users, who are unsure of the company's future there.

HEALTH New research suggests older women who are at a healthy weight need at least an hour of moderate exercise to avoid gaining weight, while those who are already overweight — most American women — need even more.

THE ASSOCIATED PRESS

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1. Brian B	AB, CA	1043	434	611	1045
2. Jonathon Gremesperger	BC, CA	1045	443	600	1043
3. Stephanie Warren	NS, CA	1015	420	609	1029
4. Shawn Tschirter	AB, CA	1034	419	600	1019
5. Christian Gagnon	NB, CA	982	402	615	1017
6. Dennis MacDougall	NS, CA	1009	407	604	1011
7. Cole Warren	NS, CA	1029	376	631	1007
7. Kyle Turk	NS, CA	1040	424	583	1007
9. Blaine Schlechter	AB, CA	1002	402	603	1005
10. Bernie Horton	ON, CA	968	415	585	1000
11. Myles Dennis	NS, CA	993	381	617	998
12. Calvin Lewis	NS, CA	1034	407	590	997
13. Steve Ferguson	ON, CA	1020	402	593	995
14. Grant Greenfield	AB, CA	1000	438	554	992
15. Sarah Jackson	ON, CA	984	371	619	990

*Results exclude Quebec



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Glaxo, Pfizer agree to supply pneumonia vaccines

GlaxoSmithKline and Pfizer Inc. made a 10-year commitment to supply developing nations with new pneumonia vaccines, the Geneva-based public-private partnership GAVI Alliance said yesterday. GAVI's program to treat pneumococcal disease received initial funding of \$1.5 billion from the governments of Italy, the U.K., Canada, Russia and Norway among others. **THE ASSOCIATED PRESS**

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Business

DOLLAR	GAS	OIL	TSX
US 98.27¢ US 0.27¢	US \$4.13 US 5.1¢	US \$81.91 US 31¢	12,044.54 77.37

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Stimulus didn't help much: Fraser Institute

Think-tank credits private investment for Canada's economic recovery

A prominent think-tank says Canadian government stimulus packages had little to do with last year's economic recovery, crediting private investment and increased exports for the rebound.

The Fraser Institute says spending packages by both federal and provincial governments had a minimal impact on last year's improvement in Canada's gross domestic product, the key measure of economic strength.

The Vancouver-based group, which is an advocate of free-market economic policies, released a report saying stimulus measures contributed just 0.2 per cent to GDP growth between the second quarter and third quarter of 2009.

In contrast, official statistics indicate the economy grew by 1.1 per cent over the same period.

The report says government spending and investment contributed nothing at all to the one per cent improvement recorded between the third quarter and fourth quarter.

The report was compiled by analyzing Statistics Canada data on the economic impact of government spending and investment as well as private sector activity.

The institute says its findings are not surprising considering Ottawa earmarked 40 per cent of its stimulus funds for infrastructure projects, which take time to implement.

THE CANADIAN PRESS



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Toyota recalls occurred in '03

AUTO The CBC reports that Toyota recalled cars in 2003 because of fears sliding floor mats would jam the gas pedal — almost seven years before a similar large-scale recall.

The network says critics in Canada and the United States say the 2003 recall shows that sliding floor mats in Toyota vehicles have been a problem for some time and that the company should have been more vigilant.

In 2003, Toyota recalled 400 Celicas because of the "potential" danger caused by the mats, a CBC analysis of 12 years of Transport

Canada vehicle recall data found.

In 2009, drivers of Toyota models including the 2009 and 2010 Rav4 and Matrix were informed that "on certain vehicles, if the specifically designed all-weather floor mat for that vehicle is not secured by the retaining clip or placed on top of an existing mat, the mat could move forward and may interfere with the accelerator pedal."

Toyota official Sandy De Felice said the 2003 and 2009 recalls are different.

THE CANADIAN PRESS



Scotiabank expects about 510,000 home sales this year, up 10 per cent from 2009.

Housing boom to continue in spring, Scotiabank predicts

BUYING Canada's housing boom will continue this spring as exceptionally low mortgage rates — and the expectation that borrowing costs will soon be headed higher — add a sense of urgency to consumer buying. A Scotiabank global real estate trends report released yesterday predicts most Canadian regions will remain sellers' markets for the first half of the year, as strong demand and rising prices continue.

"I think you're going to have a very active spring market, probably some cooling off in the second half of the year," Adrienne Warren, the Scotiabank economist who wrote the

report said in a presentation yesterday.

"We're looking at once in a lifetime interest rates that people are taking advantage of ... but certainly confidence is coming back, the job markets are stabilizing," she said.

Scotiabank expects about 510,000 home sales this year, up 10 per cent from 2009, but just shy of the 2007 record. Average prices are forecast to increase about eight per cent to a record \$345,000, while housing starts are expected to reach 190,000, up from 149,000 last year.

Confidence

- The economic recovery from last year's painful recession has improved consumer confidence, although a bounce back in the jobs market is taking more time. Just over a third of the 417,000 jobs lost in the 2008-2009 recession have been replaced and the jobless rate is still at 8.2 per cent, only half a point below its high last August.

THE CANADIAN PRESS

In brief

OPPORTUNITY Bank of Montreal chief executive Bill Downe says Canadian businesses should look beyond the border to expand now that the economy is recovering from recession and they can afford productivity-enhancing equipment. Downe told the bank's annual meeting in Winnipeg yesterday both BMO and its business customers have the opportunity to ramp up growth.

GAMING Nintendo said yesterday it would begin selling a 3-D version of its popular handheld console within a year. The Nintendo 3DS will feature a 3-D display without the need for glasses. The new portable gaming device will be compatible with software made for earlier DS models, the company said.

METRO NEWS SERVICES

ShareYourViews

ottawaleaders@metronews.ca

Athens Peaceful protest



A protesting firefighter holds a flare during a demonstration against the Greek government's austerity measures in Athens, yesterday. Some 500 firefighters took part in the peaceful march, protesting cuts to their salaries under measures intended to save the debt-ridden country some 4.8 billion euros this year.

Real estate agents confused over 'anti-competitive' claims

REALTORS Thousands of independent Canadian real estate agents who battle daily for clients cannot fathom why the competition watchdog believes the industry is "anti-competitive," says the head of one of Canada's largest brokerages.

Philip Soper, president of Royal LePage, says many of his agents are confused about why the federal Competition Bureau continues to bemoan a lack of choice even after the industry voted to introduce more service flexibility.

"(The realtors) feel that they live in a hyper-competitive industry where

"(The realtors) feel that they live in a hyper-competitive industry."

Philip Soper, Royal LePage

they have to fight for every piece of business," he said in an interview yesterday. "What they see is heavy competition day after day, and so when an official body states they believe there isn't competition, they find that disturbing and they can't understand why."

THE CANADIAN PRESS

Jose Canseco says he has been subpoenaed by a grand jury investigating whether Roger Clemens lied to Congress when he denied using performance-enhancing drugs. Canseco posted on Twitter yesterday that he had received a subpoena to appear before the grand jury "about roger clemens, andrew pettite and others" on April 8. **THE ASSOCIATED PRESS**

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA

Arenas pressured teammate: Prosecutors

Prosecutors say Washington Wizards star Gilbert Arenas, left, tried to pressure teammate Javaris Crittenton into covering up their locker-room confrontation in December. Assistant U.S. Attorney Christopher Kavanaugh made the allegation in a court filing yesterday as he advocated for a three-month jail sentence for Arenas for bringing guns to the Verizon Center. Sentencing is scheduled for Friday.

THE ASSOCIATED PRESS



Philadelphia Flyer Mike Richards is checked by Ottawa Senator Chris Phillips last night at Scotiabank Place.

Flyers downed

NHL RESULTS

Flyers 0 Senators 2



Brian Elliott earned back-to-back shutouts for the first time in his NHL career and the Ottawa Senators blanked the Philadelphia Flyers 2-0 yesterday.

Elliott made 26 saves as the Senators, who have struggled since NHL play resumed after the Olympic break, won two games in a row for the first time in over a month.

Elliott is now 6-1 when playing the second of back-to-back games this season. Chris Kelly and Daniel Alfredsson scored for the Senators.

Brian Boucher made 24 saves for the Flyers, who are precariously holding on to a playoff spot after losing three straight games. Philadelphia is tied with Montreal for seventh in the Eastern Conference with 79 points, four points ahead of ninth-place Atlanta.

The fifth-place Senators have 83 points.

The Senators came out hard and took a 1-0 lead in the first period.

THE CANADIAN PRESS

Jones puts questions about 2014 Olympic run on hold

CURLING Jennifer Jones and her teammates are putting off a major decision about their future until after the women's world curling championships.

The dominant women's curling team in Canada over the last few years has yet to decide whether it will make a run at representing its country at the 2014 Winter Olympics in Sochi, Russia.

"It's a long time and it's a lot of sacrifices," Jones said. "I just want to get through the year and figure it out from there."

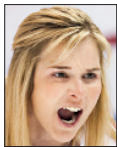
Jones, third Cathy Overton Clapham, second Jill Officer and lead Dawn Askin were the favourites to win the Olympic trials in December and go to the 2010

Games in Vancouver. But the Winnipeg team didn't even get close with a 2-5 record. Calgary's Cheryl Bernard won the berth and an Olympic silver medal.

"We certainly didn't perform to our potential at the trials," Officer admitted. "We were disappointed and devastated about that. We had the opportunity and it just didn't work out for us."

Jones has started strong at these world championships, winning a sixth straight game yesterday morning. Jones was alone at 6-0 following a 9-6 win over Angelina Jensen of Denmark and was to face Erika Brown of the U.S. (5-1) at night.

THE CANADIAN PRESS



Jennifer Jones

SCOREBOARD

NBA

YESTERDAY'S RESULTS

Charlotte 95 Washington 86 (OT)
Indiana 98 Detroit 83
New York 109 Denver 104
L.A. Clippers at Dallas

TODAY'S GAMES

Orlando at Atlanta, 7 p.m.
Denver at Boston, 7 p.m.
Minnesota at Charlotte, 7 p.m.
Washington at Indiana, 7 p.m.
Utah at Toronto, 7 p.m.
Sacramento at New Jersey, 7:30 p.m.
Philadelphia at Milwaukee, 8 p.m.
Cleveland at New Orleans, 8 p.m.
Houston at Oklahoma City, 8 p.m.
L.A. Lakers at San Antonio, 9:30 p.m.
Memphis at Golden State, 10:30 p.m.

NHL

YESTERDAY'S RESULTS

Florida 4 Toronto 1
OTTAWA 2 Philadelphia 0
Boston 4 Atlanta 0
New Jersey 6 Columbus 3
Tampa Bay 3 Carolina 2 (OT)
Dallas 3 Nashville 1
San Jose 4 Minnesota 1
Chicago 2 Phoenix 0
Anaheim at Calgary

TODAY'S GAMES

N.Y. Islanders at N.Y. Rangers, 7 p.m.
Pittsburgh at Washington, 7 p.m.
Montreal at Buffalo, 7:30 p.m.
St. Louis at Detroit, 7:30 p.m.
Los Angeles at Colorado, 9 p.m.
Anaheim at Vancouver, 10 p.m.

EASTERN CONFERENCE OVERALL STANDINGS

	GP	W	L	OL	GF	GA	Pts
y-Washington	72	48	14	10	283	203	106
d-New Jersey	72	43	25	4	195	172	90
d-Buffalo	71	39	22	10	200	180	88
Pittsburgh	73	42	25	6	225	208	90
OTTAWA	74	39	30	5	198	212	83
Philadelphia	73	37	31	5	212	221	79
Montreal	73	36	30	7	196	200	79
Boston	72	33	27	12	180	181	78

Atlanta	73	32	30	11	218	234	75
N.Y. Rangers	72	31	32	9	186	196	71
Florida	72	30	31	11	190	210	71
Tampa Bay	73	29	32	12	191	227	70
Carolina	73	30	34	9	203	229	69
N.Y. Islanders	72	29	33	10	189	222	68
Toronto	73	26	35	12	195	242	64

y - clinched division title, d - division leaders ranked 1-2-3 regardless of points

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Sports in brief

SOCCER Wolverhampton Wanderers won 3-1 at West Ham yesterday to leave its English Premier League rival deep in relegation trouble. Wolves' biggest win of the season took their unbeaten streak to three matches and lifted them one place to 15th — four points ahead of West Ham with seven games to play.

BASEBALL New York Mets shortstop Jose Reyes has been cleared to resume baseball activities after doctors determined his thyroid levels have returned to normal.

Mets general manager Omar Minaya said Reyes will resume full workouts today. **LUGE** The head of the Vancouver Olympics, an Olympic gold medalist and other dignitaries attended a ceremony yesterday at the grave of the Georgian luger killed during a practice run at last month's Winter Games. Vancouver organizing committee president John Furlong, luge gold

medallist Felix Loch, International Luge Federation president Josef Fendt and other athletes and officials came to the hometown of Nodar Kumaritashvili, who died hours before the opening of the games Feb. 12.

NFL Kyle Orton remains the Denver Broncos' starting quarterback, and Brady Quinn is going to have to unseat him if he wants to be the one under centre when the season starts in six months, coach Josh McDaniels said yesterday.

HOCKEY Mark Messier has selected a former teammate to coach Canada's team at the upcoming IIHF World Hockey Championship. The Canadian general manager named Craig MacTavish the team's head coach yesterday. The two were teammates with the Edmonton Oilers in the 1980s and briefly with the New York Rangers in the 1990s.

METRO NEWS SERVICES

NFL owners back new rules for overtime playoff games

FOOTBALL Sudden death has gotten a little less sudden in the NFL playoffs.

The league yesterday changed its overtime rules for post-season games. Starting next season, if a team wins the coin toss and then kicks a field goal, the other team gets the ball. If that next series ends with another field goal, play will continue under the current sudden-death rules.

If the team winning the toss immediately scores a touchdown, however, the game is over.

Team owners voted 28-4 yesterday in favour of the proposal at the NFL meetings. Minnesota, Buffalo, Cincinnati and Baltimore opposed the change.

Passage was helped by commissioner Roger Goodell's support and by a spate of statistics indicating the

34 Statistics showed that since 1994, the team that won the overtime coin toss won the game on the first possession 34 per cent of the time.

coin toss had become too prominent in determining OT winners.

Minnesota lost last season's NFC championship game in overtime to New Orleans. The Saints won the toss, drove downfield and kicked a field goal to win.

"Modified sudden death is an opportunity to make a pretty good rule ... even better," said Atlanta Falcons president Rich McKay, co-chairman of the competition committee. "Statistically, it needed to change. It wasn't producing the 'fairest result.'"

THE ASSOCIATED PRESS



Tessa Virtue and Scott Moir perform their compulsory dance yesterday at the world figure skating championships in Turin, Italy.

Virtue, Moir get top marks in compulsory dance

SKATING Tessa Virtue and Scott Moir were the picture of elegance gliding around the Palavela ice, she in glamorous silver and sequins, he in bow tie and tails, their execution of the Golden Waltz exquisite.

But don't be fooled by their polished performance in the compulsory dance that vaulted the Canadians into the lead at the world figure skating championships. Virtue and Moir are far from fans of what they believe is an antiquated element of ice dance, and will be thrilled to see it go.

"We think it's a little outdated and I don't think that the results really speak true when they come out after compulsory dances, and I

don't think it's necessary anymore in today's sport of ice dance," Moir said. "I think it has kind of come a long way and (the compulsory dance) is kind of holding us back."

A month after capturing Canada's first Olympic ice dance gold in Vancouver, Virtue, from London, Ont., and Moir, from Ilderton, Ont., picked up where they left off, posting a score of 44.13 points for their Golden Waltz, the compulsory dance drawn for the world championships.

Americans Meryl Davis and Charlie White, silver medallists in Vancouver and friends and training partners of Virtue and Moir, scored 43.25 to leave them second.

THE CANADIAN PRESS

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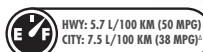
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Georgia investigators have withdrawn their request for a DNA sample from Pittsburgh Steelers quarterback Ben Roethlisberger, accused of sexually assaulting a 20-year-old college student at a nightclub, an attorney for the player said yesterday. Ed Garland said officials withdrew the request a week ago. **THE ASSOCIATED PRESS**



The Senators celebrate after a goal during Monday's 2-0 win over the Canadiens.

Playoffs nearing

TheHockeyNews

Ken Campbell

thehockeynews.com

t's all but certain the Senators will have nothing to show for the Dany Heatley trade for the rest of the regular season and, depending on the state of

Milan Michalek's knee, possibly the playoffs.

With Jonathan Cheechoo in the minors and the second-round pick still to be selected, the Senators have no contribution from the returns of the Heatley trade, but even with a shocking post-Olympic swoon, they should feel good about their chances of making the playoffs and holding their fifth-place spot in what is a decidedly mediocre Eastern Conference beyond the top four teams.

That's because including last night's home game against Philadelphia, the Senators play their final nine games against some

Eastern Conference patsies, only four of whom will likely be in the post-season. Against the seven teams they play in their final nine, the Senators have a record of 14-6-1 (going into last night's game) and have outscored their opponents by a 64-61 margin.

They play the Buffalo Sabres twice, once at home Saturday night and in the season finale in Buffalo April 10, but the good news is they go into those games with a perfect 4-0-0 mark

"(The Sens) should feel good about their chances of making the playoffs."

against the Sabres and have outscored them 14-7. Should the Senators take both those games in regulation, it would give them four valuable points against their Northeastern Division rival, but would it be enough for the Senators to catch the Sabres for first in the division and a top-three seed in the Eastern Conference? Probably not, since the Sabres entered last night seven points ahead of the Senators and sit this morning with three games in hand.

But that might not be the greatest thing for them. If the Senators can hang on

for fifth place, they would almost certainly assure themselves of a first-round matchup against either the Stanley Cup champion Pittsburgh Penguins (gulp) or the New Jersey Devils (double gulp). While the Senators have played the Penguins well this season, splitting the four games between the two teams, they are still the Cup champions. The Devils? Well, they're 1-3-0 against New Jersey and have been outscored 13-8.

The only real alternative might be to slip to sixth and draw the Sabres in the first round, but even that's not a terribly palatable proposition.

Clearly, though, with or without Michalek, the Senators will face a big challenge getting out of the first round.

The Hockey News
@thn.com

Nets need two wins to avoid history

NBA All the New Jersey Nets need in their final 12 games are two wins.

While it may sound like one of those no-brainer tasks for most teams, the Nets aren't your ordinary team.

This is one looking to avoid the stigma of being the worst in NBA history.

New Jersey has won seven times in 70 games. That's a 7-63 record, or one victory in every 10 games.



"We have to get three wins because no one wants to go down in history in the way we are heading. We have to." Courtney Lee

Now the Nets have to win twice in the final 12 to avoid ending the 1972-73 Philadelphia 76ers' 37-year stranglehold on the league's worst mark at 9-73.

"Our sense of urgency is high now," said guard Courtney Lee, who just last year played in the NBA finals with the Orlando Magic. "We have to get three wins because no one wants to go down in history in the way we are heading. We have to."

Can they? It's going to be tough. The Nets have lost eight straight games overall and a franchise-record 14 in a row at the Izod Center.

sprained his left foot and ankle in the third quarter and had to leave the game.

The rookie did not practice yesterday. He is wearing a plastic boot and his status for today's game at home is questionable.

The good news is that Sacramento is coming to New Jersey to start a five-game road trip. The Kings are 3-7 in their last 10 games, and they will be without guard Tyreke Evans, who leads all rookies in scoring (20.3). Evans suffered a concussion in a recent loss to Milwaukee.

Sacramento is 7-28 on the road.

"This is one we have to have, simple as that," Nets point guard Devin Harris said.

"Banged up or not, we're running out of opportunities, so this is one we have to have."

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In a loss to the Heat, starting small forward Terrence Williams



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Board of governors backs rule on blindside head hits

HOCKEY The NHL's board of governors has approved a new rule on blindside hits to the head, even though one hasn't been formally submitted by the league's competition committee.

A league statement posted on NHL.com last night indicated that the owners unanimously approved a rule prohibiting hits on an unsuspecting player where

the primary point of contact is the head. However, a spokesman for the NHL Players' Association said a rule hadn't been submitted by the competition committee — as per the process outlined in the collective bargaining agreement.

"Under the CBA, the league's proposal cannot take effect until it first re-

ceives the support of the joint NHLPA/NHL competition committee, and then is endorsed by the NHL board of governors," said spokesman Jonathan Weatherdon. "To date, the competition committee has neither agreed on a proposal, nor forwarded a proposal to the board of governors for its vote."

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FNUC dismisses president, VP of finance

The First Nations University of Canada's new board of governors has dismissed the university's president and vice-president of finance and administration, who were among six senior administrators suspended last month when an interim board was put in place. **METRO NEWS SERVICES**

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Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Debt-ridden U Montreal sells convent

In light of its precarious fiscal situation, the Université de Montréal will sell the former convent Mount Jesus and Mary so it can be converted into condominiums. With an annual deficit of \$15 million and a debt of \$154 million, U de Montréal says it would be irresponsible to keep a facility where 85 per cent of the area is unoccupied and costs more than \$1 million every year to maintain, insure, and secure.

METRO NEWS SERVICES

Ministry of Labour, is it the right call to make?

WorkplaceLaw

Daniel Lublin

Metronews.ca/workplacelaw

An individual's experience, related below, provides an example of why you should be careful when you call the Ministry of Labour.

Following her termination, an individual contacted the provincial Ministry of Labour, seeking advice about her situation. She had not yet contacted a lawyer and the ministry representative who was randomly assigned to pick up the phone did not immediately encourage her to do so.

The two spoke at length about her matter. The individual explained that she had not been paid termination or severance pay, at which point she was encouraged to make a statutory complaint. This was the first error.

The Ministry enforces the provincial legislation only, it does not provide a remedy for common law damages such as wrongful dismissal, which in this case actually made up the bulk of this person's claim.

Without training in employment law, neither the ministry representative nor the individual realized their mistake. As a long-term employee, this person was entitled to considerably more than what the Employment Standards Act could offer. As well, since the legislation caps damages at \$10,000, which courts do not, the individual had an upper limit to her claim.

Although the Ministry

could easily address and then remedy her complaint, this was not the problem. It was that once it has taken steps to do so, an individual loses the right to file a wrongful dismissal claim. Here, since this person's damages were in excess of the statutory minimum, the bulk of her damages then would be relinquished — an issue that most employment lawyers would spot as a matter of course.

The Ministry has safeguards, but they are not always effective. After most complaints are made, the Ministry mails the claimant a standard form letter explaining that if the complaint is not withdrawn within two weeks, the claimant will not be able to file a wrongful dismissal claim. However, since most people will believe, even if incorrectly, that they received "advice" from the Ministry, they are unlikely to withdraw their complaint or later pay for a lawyer's time to obtain a second opinion. The result is that they are then stuck with their original claim.

This example is not an exception. The Ministry's hotline, which fields calls from prospective complainants, should explain only what the Act says and how it may have been interpreted in the past. There is no mandate to provide recommendations, or worse, to provide advice. Yet it happens anyway when some of the Ministry's representatives habitually blur this distinction. When they do, the public's interests may be subverted.

Daniel A. Lublin is an employment lawyer with Whittier & Lublin LLP. Reach him at dan@toronto-employmentlawyer.com.

Designing your future

Engineering promises to be exciting down the road

Engineering the Future

Metro Workology is focusing on careers and education in the engineering sector for the month of March to celebrate National Engineering Month. Check back every Wednesday.

JON TATTIE
for Metro Canada

The theme of National Engineering Month 2010 is "design the future," and experts say the future is getting very big and very small.

John McLaughlin is a professor of geomatics engineering at the University of New Brunswick. In 2005, he chaired a Canadian Academy of Engineering task force exploring engineering's future.

He sees engineers tackling massive-scale issues like smart continental power grids that would improve energy efficiency and prevent large-scale black outs. He also sees engineers going deeper into nanotechnology as they become the "doctors of the 21st century" in biomedicine and by designing better drugs and medical equipment.

"In the depths of engineering, the way you organize and address problems at massively different scales is interesting," he says. "The really interesting stuff is going on at the intersections with other fields."

That synthesis will see



In one way or another, engineers are the key to our future here on earth, be it biomedical, agriculture or software engineering.

"I know if I was 18 again and going to university, I'd (have done) biomedical engineering. It is really interesting."

Engineers Canada COO Marie Carter on the future of engineering

engineers work in business, urban planning, textiles and medicine. McLaughlin recently met a young aviation engineer who uses her masters of fine arts to help re-imagine what a corporate jet could look like.

The last epoch of engineering saw increasing specialization in fields like electrical engineering and mechanical engineering. "It was organized to build a modern, industrial state after (the Second World War)," he says. "It's time to bring engineering back together into some kind of holistic vision."

It's also going to get a lot more human-focused. McLaughlin's mother-in-

law is considering a move into a nursing home, but she, like many seniors, wants to stay home as long as she can. Currently, that requires expensive care workers, but in the future, engineers could design technology to safely extend the time seniors can spend at home.

Marie Carter, Engineers Canada's chief operating officer, sees professional engineers becoming engineers of the body.

"We've seen the ability of mechanical engineers to work with electrical engineers and structural engineers and doctors to build advanced prosthetics, hearts and to grow tissue," she says. "I know if I was

18 again and going to university, I'd (have done) biomedical. It is really interesting."

There are also rapid advances in agricultural engineering, which has helped build machines and foods that help developing nations feed their people. Carter cites GPS technology in tractors that allow farmers to harvest grain with extraordinary precision. Food storage is also improving, thanks to engineers.

Software engineering is another dynamic area. "It's interesting how engineering has evolved from the designers of the things we see and touch and use to the designers of the entire system," Carter says.

For more of the Engineering the Future exclusive series check Workology every Wednesday or stop by: metronews.ca/work



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16workology

More than the three R's at high school

At one time, they would have lost interest and dropped out of high school.

But now they're cooking — not to mention repairing airplanes, writing proposals for arts grants or learning to read construction blueprints — as part of the province's "specialist high skills major" program.

One Grade 12 Toronto student said the experience has turned him on to the idea of being a chef.

"I really didn't have much interest in high school," said George Sader, 17, of Don Bosco Catholic secondary. "I thought I'd just barely pass high school. Now I've been trying to get 70s and I'm going to more of all my classes."

The specialist program gives secondary students a hands-on look at a number of different career choices and is being credited as part of the reason why the graduation rate continues to increase, up to 79 per cent for the 2008-9 school year from 68 per cent in

2003-4.

"That's a really big deal," said Premier Dalton McGuinty, who visited Don Bosco on Monday to release the new graduation figures — as reported on in yesterday's Metro — mixing with students making dough for fresh pasta and honey oat buns in its hospitality and tourism program.

The specialist programs — in fields such as construction, aviation, energy and aerospace and offered at 430 schools province-wide — are bundles of eight to 10 courses offered in Grades 11 and 12 and about 28,000 students are enrolled province-wide.

Students also take co-op credits to gain work experience in the field, and also earn any certification — such as CPR — they might need. They job shadow professionals, visit post-secondary institutions and sometimes earn dual credits that give them advanced standing should they go on.

TORSTAR NEWS SERVICE

Choosing a major ...in high school?

- Ontario offers high school students a chance to learn about different career paths in a program called "specialist high skills major." Subject areas include:

- Aerospace/aviation
- Agriculture
- Arts and Culture
- Aviation/Aerospace
- Business
- Community Safety and Emergency Services
- Construction
- Energy
- Environment
- Forestry
- Health and Wellness
- Horticulture and Landscaping
- Hospitality and Tourism
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Trent receives \$1-million bequest for student bursaries

Trent University has received a \$1.2-million estate gift from the late Fern Rahmel. At Trent's Oshawa campus, \$1 million will be endowed to fund bursaries for female students over the age of 25 who have demonstrated financial need for earning a Trent degree. **METRO NEWS SERVICES**

Enriching your life through charity work

In a recent survey conducted by American Express Canada, results showed that a growing number of Canadians — more than a quarter — are seeking ways to enrich their lives through engaging in activities that make a difference in their lives.

One way that many Canadians choose to enrich their lives is through charity work. In honour of National Volunteer Month, here are a couple of tips to help you realize your potential through volunteerism:

• **You need to care:**

Find a volunteer position for a cause or an organization that you truly care about. You're not getting paid to do this, so make sure it's something you're passionate about so that you enjoy your time spent volunteering, and, perhaps even more importantly, you stick with it.

For Toronto's Margaret Bedi, the death of her mother made her realize she wanted to devote time to the terminally ill by providing emotional support and comfort, so she began to volunteer at the Victoria Order of Nurses Hospice.

"I find it to be a very fulfilling and rewarding experience to be part of the lives of some amazing people who live with terminal



If you want more than just work, volunteering might be the answer.

illnesses," she said. "It makes me realize how precious life is and how little time we have to live, laugh, and love."

• **Bring some passion:**

Combine a skill or a passion with volunteering, and don't try to force-fit yourself into an activity you don't enjoy. Volunteering is something you do in your spare time, so make sure it is something you like to do. If swinging a hammer isn't your thing, then don't volunteer to

help build a house.

Match your skills and abilities with an organization for the best results. Toronto's Chris Delombre, a passionate cyclist, discovered that he also had a passion for raising funds for charity when he combined riding with fundraising.

He has founded his own philanthropic group for cyclists — Le Domestique — to raise money and awareness for a variety of charities while doing something they love to do.

NEWS CANADA

TOURETTE SYNDROME... MORE THAN JUST A TIC

Tourette Syndrome (TS) is a neurological condition which affects 1 in 100 Canadians. TS is generally characterized by someone who has tics. There are different types of tics including eye blinking, coughing, hand flapping, head jerking, facial grimacing, knuckle cracking, biting mouth/lip, throat clearing, grunts, saying phrases such as "oh boy", stuttering, and complex breathing patterns. To complicate matters, most individuals struggle to live with one or more conditions closely linked to TS including Attention Deficit Hyperactivity Disorder, Obsessive Compulsive Disorder, Anxiety, Depression, Sleep Disorders, to name a few.

Although there is no cure for TS, with your financial support the Ottawa Chapter of the Tourette Syndrome Foundation of Canada can continue to help those affected in the Ottawa region reach their goals and lead productive lives. Please help us help those in need.



Tourette Syndrome Foundation of Canada
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Travel

EDITOR: BEN.RYCROFT@METRONEWS.CA



Walk around Northern Ireland

Offbeat and charming, and filled with humour, insight, and a wide array of eccentric characters, Beyond Belfast tells the story of one man's misguided attempt at walking the entire Ulster Way: a 560-mile path that circles Northern Ireland, from the city walls of Derry to the moorland heights of the Sperrins, from the green glens of Antrim to the Mountains of Mourne.

METRO NEWS SERVICES

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JESSICA CARLESON
Metro World News

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IT'S MY FIRST TIME Old Town

Stockholm is a small big city. Most of the sites are within walking distance. The city is built on islands but very easy to get around by public transport. The Old Town is remarkably well kept but something of a tourist trap, unless you stray beyond the main streets but don't miss the Vasa Museum (vasamuseet.se) — displaying a superbly preserved warship that sank on its maiden voyage in 1628.

I'VE BEEN BEFORE Boat Trip

Take a boat trip, either around the city islands or a day trip to the archipelago. Go see the bears, wolves, elk and other Swedish animals at open-air museum Skansen. And explore the lively streets of SoFo —

Quick facts

- Population: 1,970,000
- Languages: Swedish, everyone speaks English.
- Currency: \$1 = 7 Swedish Kroner (SEK)
- Price of a beer: 30-50 SEK

on Södermalm.

WHERE TO EAT

Don't leave before you've tried the salmon — cured, salted or smoked — it's a national dish and very tasty.

If you are on a tight budget have a big meal at lunch — there are lots of cafés, nice restaurants and food courts in the business and shopping quarters in the city and around Medborgarplatsen on Södermalm.

WHERE TO HANG OUT

SoFo established itself as Stockholm's boho-chic area a couple of years ago, and is still defending its title.

Design, art, new fashion and vintage stores in abundance. The indie atmosphere at Södermalm is a big contrast to posh Östermalm.

WHERE TO SHOP

Along Drottninggatan and Hamngatan you'll find high street chains, depart-



Take some time to visit the remarkably well kept Old Town in Stockholm.

fashions. The designer shops are around the red carpet at Biblioteksgatan.

WHERE TO STAY

For a small and cozy hotel with historical charm in Södermalm try the Columbus. Berns Hotel and Rival are popular mid-price hotels. Top of the range is the Grand Hotel, check for weekend deals.

WHERE TO GO OUT

For clubs, live gigs and lots of indie fun, head to Södermalm. Some of the best restaurants and pubs are here — on Götgatan, Medborgarplatsen and in SoFo. The posh and glitzy crowd, celebrities and royals, mingle around Stureplan.



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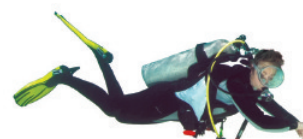
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20 travel

City Slickers welcome

PAUL BALDWIN
Metro World News

The city slicker cowboy is a bit of a cliché, but it's still great fun.

A farm vacation may sound like a contradiction in terms but all over the world agriculture is turning to tourism to boost the coffers — often with amazing success.

Whether you crave a real taste of the country or simply a peaceful get away with a rural backdrop a farm break can be a real bargain.

So we've scoured the world and here's our pick of the best ...

THE V6 RANCH California

It's impossible to resist the City Slickers tag on this 20,000 acre cattle ranch between San Francisco and Los Angeles. On spring and fall cattle drives you saddle-up and pitch-in much as cowboys and cowgirls have done for centuries. The ranch also offers hiking, photography, wildlife, bird watching, fishing, all against a back-



Going on a cattle run might be a great way to get away from your normal city lifestyle.

drop of breathtaking beauty.
parkfield.com

CAN MARTI Ibiza

Yes I know. Ibiza ... a farm. Who knew! But Can Marti is of course organic and solar-powered and has been a working farm for about 400 years. Guests are free to roam, help out.

Can Marti has no AC and no pool but manages to remain one of the coolest farms on the planet.

canmarti.com

LOCANADA DELLA VALLE NUEVO LE MARCHE Italy

Blissfully charming 200 acres of super-organic crops, cattle, pigs and poultry close to Urbino. Delicious home cooking and truffles in the woods. Stables, a pool, gorgeous rooms and lovely staff who live by the farm motto "one should tread lightly on the earth."

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Rome Travel Apr 30 - May 7/5 \$425* + taxes & fees \$320	
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What to do if you bags are lost

So the airline lost your luggage. Should you make a federal case out of it — literally? Each year, passengers file thousands of complaints about airlines with the U.S. federal government. But if you just want compensation for your loss, travel experts suggest going straight to the source. **METRO NEWS SERVICES**

Exploring eccentric Barcelona

Spain's second largest city offers a unique, memorable experience for travellers

ROMINA MCGUINNESS
Metro World News

Quirky, eccentric and fiercely patriotic. Barcelona has it all — beaches, great nightlife and amazing shopping and sight seeing.

WHY GO NOW?

Visiting Barcelona, Spain's second largest city, is like going to another country altogether. With its own language (Catalan), laws and traditions, people here are fiercely proud of their city. Eclectic, dreamy, and super trendy, Barcelona is less oppressive than the capital city Madrid and much more quirky. Being on the coast, temperatures are also great all year round.

IT'S MY FIRST TIME

Avenue of Las Ramblas

The brouhaha along the broad Avenue of Las Ramblas makes it one of the most exciting streets in Spain. You can pick up a tweeting bird (in its cage), flower bouquets, printed T-shirts or stop for a cana (small beer) and listen to the street music.

Grab a breath of fresh air at the city's waterfront, only a short walk from Las Ramblas. On Sunday mornings, local families and tourists rub shoulders strolling along the sand and dipping their toes in the somewhat chilly Mediterranean. Order a fragrant dish of seafood paella or fried calamari at La Mar Salada (Passeig Joan de Borbó).

I'VE BEEN BEFORE

Parque Guell

Eccentric artist Antoni Gaudí's colourful and crazy Parque Guell is a great way to spend the day. Bring a picnic and see some of the artists' most creative de-

signs — the park is a UNESCO World Heritage Site. Culture is the life and soul of Barcelona, so dropping by the Museu Picasso (museupicasso.bcn.es) is a must. Some of his greatest work is on display here.

WHERE TO SHOP

Head to the antiques market held in front of a cathedral on Plaça Nova, in Barri Gòtic district. It's a beautiful place to buy all sorts of bits and bibelots; dramatic manila shawls, posters, sturdy jewelry and the odd dusty old typewriter. Hagglng isn't an option, it's a must.

Established in the 18th century, the bustling Mercat de la Boqueria (La Rambla, 91) is great for a not-so-ordinary afternoon shopping. Fresh fruit and vegetables form vivid pyramids of color and stalls sell pretty much everything Spanish and delicious from fresh cheeses, to breads and cuts of meat.

WHERE TO GO OUT

Stand up tapas bar Quimet & Quimet (Poeta Cabanyés 25) is a great way to start the night. The cramped space manages to remain cosy and all sorts of cans and bottles cover the wall from top to bottom. Its "New York meets Catalunya" vibe spreads to the delicious menu of cream cheese (all cheeses are overwhelmingly used as the leading ingredient here), beef and sweet tomato jam.

The wine selection is particularly good. Watch people fill their glasses or even bottles with wine pouring (not literally) out of the oak barrels at Bar Bodega Teo, a local fixture since opening in 1951. The interior design is flashy and fabulous — fairy lights and insect lamps are there to keep you out of the dark.



Barcelona offers beautiful views of the Mediterranean Sea along with some great beaches.

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Taking a cable car ride can give you a great view of the city.

Three exciting things to do

- Sagrada familia: Gaudí's masterpiece dominates the city of Barcelona. Surreal, stunning and unique. Absolutely not to be missed. sagradafamilia.cat
- Cable car: Regular trips to the top of Montjuïc by cable car. Dizzying, but the views of the city are worth the heart racing experience. tmb.net
- Segway tour: It's weird, but it gets you from A to B much quicker than walking. Double up on sight-seeing. barcelona-segwayglides.com



This Spanish city offers a mix of historical and modern attractions.

Top tips for Barcelona

Best Apartments

El Palauet is a series of six apartments (+34 93 218 0050; epliving-barcelona.es) that can be rented for a minimum of three days.

Each has stylish modern, white interiors, and a terrace overlooking Passeig de Gràcia. There's also a spa that residents can use.

Best Pre-dinner Drinks

La Vinya del Senyor (+34

93 310 3379) does wine by the glass with delicious bar snacks. Dry Martini's (drymartinibcn.com) name speaks for itself. This fabulous bar serves stiff drinks in grown-up surroundings. Mirablau (mirablaubcn.com) has terraces that are perfect for watching the sun go down. Alternatively, have drinks outside at the Park Güell right before it closes.

GLOBALISTA



The market at La Boqueria is a great place to find fresh food.

Metro Drive



Post connection

Canada Post will purchase 1,175 Ford Transit Connect vans this year, the largest fleet sale of the model in Canada to date, to replace its aging national fleet of light vehicles.

CANADIANDRIVER.COM

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Pamper car in spring

Vehicles need a little special care after winter

Between the cold weather, road salt and challenging driving conditions, winter takes a toll on your car. So when spring arrives, it's important to take some time to pamper your vehicle and get ready for warm-weather driving.

"De-winterizing your car and having a spring check-up can help extend the life of your vehicle," says Michelle Massicotte, associate vice president of car care and accessories at Canadian Tire.

"Have a technician check your car to identify any required maintenance and repair — it will save you money and frustration later on."

In addition to a spring tune-up, experts at Canadi-

an Tire suggest these car care tips to prepare for spring driving:

CHANGE TIRES

Winter tires can wear out quickly if left on in warm weather, so replace your winter tires with all-season tires as soon as spring arrives. It's also important to have your tires balanced and aligned to ensure a smooth ride.

WASH CAR EXTERIOR

Make sure your spring cleaning includes a thorough car wash. Salt and sand that accumulate on your car could lead to corrosion and rust if left unwashed, so pay attention to the undercarriage of the car where salt and grime can

cause the most damage.

REPLACE WIPER BLADES

Wiper blades that leave streaks or a film on the windshield should be replaced to maintain good visibility, which is critical to safe driving. Experts at Canadian Tire suggest replacing wiper blades every six months and choosing the right wipers for your vehicle and driving conditions.

CHECK OIL AND FLUIDS

Fluids such as oil, coolant and transmission fluid should be checked and topped up regularly to keep your car running smoothly.

You can change the fluids yourself or take your



De-winterizing your car and having a spring checkup can help extend the life of your vehicle.


car to an auto service centre and let the professionals do it.

Performing proper car

maintenance will help prolong the life of your vehicle and keep it running safely and reliably. More hints

and products to help shift your car into spring can be found online at canadiantire.ca.

NEWS CANADA



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A clean car, free of clutter and musty odours is more comfortable to drive in, healthier, and looks good too, experts say.

Out with winter grime

A thorough spring clean key to comfortable driving

Now that winter is slowly making its exit and warm weather has almost arrived, consider giving your car a good spring cleaning, both inside and out.

The auto experts at Canadian Tire can help with the right tools and tips for getting your car in tip-top shape this spring.

"Canadians spend a lot of time in their cars, so it's important to keep them properly maintained and cleaned after the harsh winter months," says Michelle Massicotte, associate vice president of car

care and accessories at Canadian Tire. "A clean car, free of clutter and musty odours is more comfortable to drive in, healthier, and looks good too."

INTERIOR CAR CLEANING

Clear out garbage from inside your car. Make sure to check under seats and in the trunk for anything that could be hiding.

Clean the dashboard, consoles, door panels and interior windows. Canadian Tire has special cleaning products to help protect the interior surfaces of your car and keep it look-

ing new.

Remove floor mats and vacuum the carpets and seats.

Replace rubber mats with carpet mats.

EXTERIOR CAR CLEANING

Mix a car detergent with water and soap up the car using a sponge. Pay particular attention to areas where dirt has accumulated, such as wheel wells.

Rinse the soap off with a hose. Be sure to give the undercarriage a good rinse to get the salt off to prevent rust and corrosion.

When the car is dry, buff

the exterior with wax for extra shine and protection.

Keeping your car clean is a simple maintenance step that makes a big difference to how your car looks and how you'll feel driving it. Make it fun by inviting friends or family to help you out.

Canadian Tire offers a wide range of carpet mats, cleaning products and accessories to help with your spring cleaning. More hints and products to help shift your car into spring can be found online at canadiantire.ca.

NEWS CANADA

Don't forget filters during spring time

AutoPilot

Michael Goetz

metronews.ca/autopilot

Shining up your ride is rewarding. But if you're just buffing the outside sheet metal, wiping down the seats, and vacuuming the carpets, you're not fully completing your cleaning assignment.

What about the insides of your engine, transmission, and vent system? It's hard to get a broom inside those components; so automotive engineers have fitted them with five essential filters.

Let's quickly review where you find these vehicle filters, and how often you should change them.

ENGINE OIL FILTER

The least expensive filter and the one that has the most bearing on overall vehicle longevity. Like any filter, an oil filter can only suspend so much stuff. When clogged not only is its cleaning ability compromised, but also its ability to keep the oil flowing through the engine at the optimum rate.

Obviously replace the filter at each oil change. Check your owner's manual or on-board oil monitoring system for oil change intervals, but 10K and/or 6 months would be a prudent upper limit.

ENGINE AIR FILTER

An engine needs air (or

more precisely oxygen) to combust petroleum.

Like the clogged oil filter, a clogged air filter hinders both cleanliness and flow. And if airflow is compromised, some fuel can go unburned — a dirty, power-robbing, and wasteful outcome.

Generally, air filters can go about 12 to 18 months, or 20-30,000 kms. But have it checked at each oil change.

Or do it yourself, by shining a headlight, flashlight, or trouble light through one side of the filter. If light has trouble getting through, your filter is toast.

FUEL FILTER

Fitted between the gas tank and engine, the fuel filter keeps rust, water, dirt, etc., from your entering your combustion chamber.

Once again, when these things get clogged, both cleaning ability and flow are compromised.

If they get really clogged you can look forward to

stalling and hard starting.

Fuel filters are harder to locate; have a mechanic or gear-head friend break the trail for you.

Your owner's manual will stipulate when you should change them, but history has shown us that they usually last about two years or 45K.

TRANSMISSION FILTER

If there is a filter change to leave to the profession-

als, it's the automatic transmission filter, as it is accessible only when the pan is removed.

Some newer transmissions, especially CVTs, don't have replaceable filters. But all need to have their fluids changed periodically, which is when you should also change the filter (if there is one). Two years or 50K is a ballpark interval for a transmission service — check your manual.

CABIN DUST AND POLLEN FILTER

A lot of people don't even know they have a cabin dust and pollen filter, but most new cars have them. Part of the heating and cooling system, they are usually fitted around the glove box, and can easily be checked and replaced by non-professionals.

They are designed to go about one year, but no harm in checking them every oil change.

Michael Goetz has been writing about cars and editing automotive publications for over 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-Type.

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If you are hitting the road this spring, make sure you car is ready.

Are you ready for that road trip?

SPRING The arrival of spring brings exciting road trips and vacations to life, but before you set off on your journey, make sure your car is prepared to get you to your destination safely and stocked with the tools you need in case of an emergency.

The first thing you should do is have your car checked out by a certified technician. They can identify and fix any maintenance and repair needs so you can avoid expensive or inconvenient repairs on your vacation.

It's also a good idea to have a friend or family member walk around your car while you test and make sure all your lights and indicators are working properly. Replace any burnt out bulbs immediately to keep you visible and safe on the road.

Be prepared for the un-

expected and ensure your emergency roadside kit is fully stocked and working properly. The roadside kit should include a flashlight and batteries, first aid kit, blanket, emergency triangle, booster cables and rope. You can purchase complete kits or individual pieces at your auto accessories store.

Also, consider investing in an Airman Tire Repair Kit. This kit can save you time and money should you be sidelined by a flat tire. It combines a powerful air compressor with sealant to repair punctured tires within minutes, so you won't have to wait for roadside assistance or install your spare tire.

Taking the time to prepare your car before you hit the road lets you travel worry-free and focus on fun.

NEWS CANADA

Toyota Sienna all about family

JIL MCINTOSH
for Metro Canada



Minivans are the survivors of the auto world. Pundits have predicted their demise for years, but they continue on, and for good reason: Nothing beats them when you have to move a crowd.

Toyota's version is the Sienna, which will be completely revised for 2011.

In the meantime, I took a long-distance trip in a 2010 front-wheel-drive CE: it's the base trim line, at \$29,500. Sienna is the only minivan still available with all-wheel-drive, but it can get expensive, rising to \$50,980 for the top-line model.

All Sienna models use a 3.5-litre V6 with five-speed automatic transmission. Its 266 horsepower is the highest of its competitors, while its official in-city fuel consumption is the lowest. All Siennas also include electronic stability control, front seat side and curtain airbags, dual-zone climate

control, cruise control, heated mirrors, and tire pressure monitoring system.

The second-row seats can be folded in half, tumbled forward, or removed entirely — they're easy to unlatch, but heavy to lift out — while the third-row seats fold flat into the cargo well behind them.

Chrysler is still the only one with second-row seats that fold into the floor, but the thin foam needed to make them work also means they get uncomfortable very quickly.

Sienna's seats, while initially fine, got very hard at about the two-hour point of an

eight-hour road trip. Volkswagen Routan and Honda Odyssey still lead the pack for long-distance comfort.

Big and roomy, Sienna handles like a much smaller vehicle, with light steering and a tight turning circle, important considerations for a vehicle that will probably spend much of its time in and

out of parking spots. It stops fine, but the brake pedal feels mushy. I also found the liftgate heavy and hard to close; power liftgates are only found on the upper-line models.

There is a treasure trove of storage cubbies, including two that, like on a Porsche, are hidden under the hinged armrests on the front doors. The centre stack controls are simple to use, and cupholders abound. Fit-and-finish could be a

2010 Toyota Sienna

Type: Minivan
Price: from \$29,500
Engine: 3.5L V6
HP: 266

Highlights

- Only minivan available with all-wheel drive
- Plenty of storage space
- Impressive power and performance



Big and roomy, the 2010 Toyota Sienna handles like a much smaller vehicle, with light steering and a tight turning circle.

little better, though.

You can get into a Dodge Grand Caravan for much less, but Sienna stacks up favourably among most of its other rivals for price, especially when looking at comparable features — the even "base" Sienna still contains a long list of items.

Power, performance and fuel consumption all rate high, along with functionality that easily trumps any of Toyota's SUVs or crossovers. Minivans may not be sexy, but they do exactly what they're supposed to do.



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Culture Club could reunite

He isn't promising anything, but Boy George has said that his former band Culture Club may reunite in 2011 to mark the three decades since their formation. "I think we could do a one-off gig or maybe a small tour," he told the BBC. POPEATER.COM

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Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

For the kids

What do Robert Downey Jr., Katy Perry and a few hundred gallons of green slime have in common? The stars are set to help dole out Nickelodeon's 23rd Annual Kids' Choice Awards this Saturday. PEOPLE.COM



Baruchel tames the Dragon

NED EHRBAR
Metro World News

Jay Baruchel is the first to admit he's easy to please, and making his latest film, the animated *How to Train Your Dragon*, gave him plenty to smile about — including fulfilling a lifelong goal of having an action figure based on one of his characters. Baruchel sat down with Metro to talk about Scottish accents, hamburgers and why Canadians are so funny.

in Montreal. I was able to just record and go home, which is pretty cool. It's always fun when you're doing it with other actors, but there's something to be said about just coming in for two hours, doing each line 10 times, eating a hamburger and going home. I can't stress enough how they always had hamburgers waiting for me. It was pretty cool.

Q Hamburgers were a specific requirement?

A Yeah, it kind of was. Even when I did some recording for the DVD. I was only going to be in there for half an hour, and they're like, "We got In & Out on the



Canadian actor Jay Baruchel voices a character named Hiccup in the new animated film *How to Train Your Dragon*.

way, it's coming." It was amazing. Even in New York, when I was recording there, I'd roll in and they'd be like, "OK, we just sent someone out to McDonalds for you." That was great.

Q Why do you think Canadians, on average, are funnier than Americans?

A Well, I won't say that. I know better than to agree to

that. But what I'll say is we export a lot of funny people. Actually, generations of people have tried to answer that question. What makes us funny? It's basically because we're equal parts in Great Britain and the U.S., so we have two different comedic sensibilities.

Q Do you get an action figure of yourself for this movie?

A I do. I'm a Happy Meal toy, which is a huge benchmark in my career. For someone that eats as many hamburgers as I do, to be a readily available toy at one of the places that sells said

Movie feature

hamburgers is a pretty big thrill, honestly.

Q In the movie, the adults are voiced by Gerard Butler and Craig Furgeson, while the kids are voiced by you, America Ferrera and Jonah Hill. Do Vikings become Scottish at some point during puberty?

A All the old guard talk a certain way ... I read a review where they said we sound like kids that could be found at any mall. But yeah, there's a point when your balls drop and you start talking Scottish.

How to Train Your Dragon opens Friday

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The new reality show Fly Girls follows the lives of five Virgin America flight attendants.

The sky's the limit

Flights attendants star in reality show

These flight attendants are bringing sexy back.

Fly Girls, a CW reality show debuting 9 p.m. ET today, follows the lives of five Virgin America flight attendants as they jet around the country.

The eight half-hour episodes will feature the attendants sharing a home in Los Angeles, working long hours while dealing with grumpy passengers and partying on their lay-

overs in cities such as Las Vegas, Miami Beach and New York. The series promises stories filled with romance, family and friendships.

"Everything that you are going to see is real — all the relationships, all the reactions," executive producer Jeff Collins said.

It's that work experience producers hope will give "Fly Girls" an edge over other reality shows.

Tasha Dunnigan, 28, has worked for nearly three years with the San Francisco-based airline that launched in August 2007. "My number one thing is to show people I am a single mother, I have a son and that everything is possible," she said.

Virgin Atlantic President Richard Branson makes a cameo appearance on the series. **THE ASSOCIATED PRESS**

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Deadliest Warrior gears up for bloodier second season

Inside the downtown warehouse where the second season of **Deadliest Warrior** is in production, an impaled ballistics gel dummy — complete with phoney blood-filled organs — slowly slides down a towering wooden stake.

The grisly snail-like movement, almost invisible to the human eye, is meticulously captured by a super-fast high-speed camera.

"This is the most gruesome thing I've seen on the show," says Dr. Armand Dorian, an emergency room doctor who serves as the show's medical expert. "It's a nine-foot pole going through someone's rectum all the way out through their clavicle. That's pretty bad. Having said that, I have seen similar impalements in real

life. Nothing purposely done, of course."

It's just another gory day on the set of Spike TV's popular hypothetical fighting show, which mixes science, history, fantasy and gore to hypothesize the results of make-believe matchups between real-life combatants. On one rainy winter day last month, gnarly Romanian warlord Vlad the Impaler and meticulous Chinese general Sun Tzu were on the fight roster.

While the show's science and technology may be complicated, the premise is absurdly simple:

Deadliest Warrior's second season premieres April 20.

Who would reign in a fight between, for example, a pirate and a knight? The real winner seems to be Spike. The first season averaged an admirable 1.8 million viewers and was the testosterone-laden ca-



Host Geoff Desmoulin holds a weapon during taping of an episode pitting Vlad the Impaler vs. Sun Tzu for Spike TV's **Deadliest Warrior**, in Los Angeles.

ble network's best-selling series on downloadable platforms last year.

"You've got gadgets, tidbits of history and medicine, and you've got carnage," says Geoffrey Desmoulin, the show's resident biomedical engineer

who also holds a black belt in karate.

"I think the reason it's so successful is that it keeps your regular Spike viewer engaged, but it's also bringing in people from Discovery, ESPN and other channels." **THE ASSOCIATED PRESS**

PT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
324/10	265	353	2	TVO	Strait Through the Ice	The Agenda With Steve Paikin	The Fixer	The View From Here (N)	Agenda-Paikin			
	211	331	3	GTV	Entertainment	Survivor: Heroes vs. Villains	Kitchen Nightmares (N)	Melrose Place (N)	News Hour			
	-	-	5	SRC	Virginie (SC)	L'Epicierie	Tous pour un (HDTV) (N) (SC)	Le Téléjournal Nouvelles (SC)	TJ Ontario			
	209	342	6	CHRO	Degrassi: Next	TMZ (N)	America's Next Top Model (N)	The Listener (DVS)	Comedy Now			
	196	311	7	CTV	etalk	Access H.	Criminal Minds (HDTV)	CSI: NY 'Cuckoo's Nest'	CTV News			
	208	303	8	CBC	Wheel Fortune	Jeopardy! (N)	Just for Laughs	Republic of Doyle (DVS)	CBC News: The National	The Hour		
	-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	Mercy (HDTV) (N)	Law & Order: Special Victims	Law & Order: Special Victims	News		
	117	713	10	TVA	Poule-oeufs or	Les Gags (SC)	Destinées 'Missing' (N) (SC)	Dr. House (HDTV) (SC)	TVA nouvelles (10:45) Denis Lévesque			
	-	-	11	QS	Big Brother QC	Rire et délire	Wipeout (N) (SC)	True Blood (SC)	L'Attaque à 5 (N)	Big Brother QC		
	137	763	12	TFO	Panorama	Le Monde selon Monsanto	Le Cercle (2000) Nargess Mamizadeh		Villages	Expression		
	-	362	13	CBS	The Insider (N)	Judge Brown	Survivor: Heroes vs. Villains	Criminal Minds (HDTV)	CSI: NY 'Cuckoo's Nest'	Two/Half Men		
	216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	King/Queens	Cold Case	
	214	344	15	CITY	Law & Order: Special Victims	Mercy (HDTV) (N)	Modern Family	Cougar Town	Ugly Betty (N)	News		
	115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)	Omni News	Law & Order: Criminal Intent	Metropolis		
	218	345	18	CHCH	The Shadow * (1936, Mystery)	Henry	Spider *** (2002, Suspense)	Ralph Fiennes, Miranda Richardson		News at 11 (N)		
	-	361	20	ABC	Action News	Entertainment	Senior	The Middle (N)	Modern Family	Cougar Town	Ugly Betty (N)	
	512	396	24	CPAC	La Période de questions	Heure polit.	L'Heure politique			Revue	Période-quest.	
	651	355	25	CTS	Little House on the Prairie	Dr. Quinn, Medicine Woman	100 Huntley Street	American Idol	FOX 2 News (N)	This Is Day	John Hagee	
	-	365	36	FOX	TMZ (N)	Seinfeld	Human Target (N)	Great Performances at the Met	Life and loves of E.T.A. Hoffmann (N)			
	-	-	64	PBS	Business Rpt.	Stevens Europe	Criminal Minds (HDTV)	American Idol	CSI: NY 'Cuckoo's Nest'	CTV News		
	205	312	104	CTV	etalk	Access H.	Criminal Minds (HDTV)	American Idol	Eco Home Challenge (N)	National		
	502	390	26	NW	The Lang & O'Leary Exchange	Connect with Mark Kelley (N)	Campbell Brown (N)	CBC News: The National	Anderson Cooper 360 (HDTV)	Prime Time		
	500	500	33	CNN	John King, USA (N)	Billiards: US Open 9 Ball	MMA Connected	Larry King Live (N)	Sportsnet Connected (HDTV)	Prime Time		
	406	417	27	net	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)	The Ultimate Fighter	RDI économie	Le National	Le Téléjournal	
	126	730	28	RDI	That's Hockey!	NHL Hockey Montreal Canadiens at Buffalo Sabres (HDTV) (Live)			NHL Hockey: Ducks at Canucks			
	410	403	52	SCR	Score Today	Poker Million Pound Challenge	World Poker Tour	NBA Basketball	Los Angeles Lakers at San Antonio Spurs			
	411	457	56	OLN	Ghost Hunters Academy	Destination Truth	Oper. Repo	Oper. Repo	Ghost Hunters Academy	Destin. Truth		
	417	406	59	SCN	NASCAR	NASCAR Hub	Racing Chef	NASCAR	Dangerous Drives (HDTV) (N)	Pass Time (N)	Pass Time (N)	
	554	544	48	TEL	Johnny Test	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
	557	540	51	FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Latest Buzz	Ned's School	Cory in House	That's-Raven
	551	542	45	YTV	iCarly	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	Family Biz	To Be Indie	Prank Patrol
	570	580	29	MM	The Daily Fix	Ranked!			mmtp10.ca	G. Simmons	G. Simmons	G. Simmons
	615	520	31	A&E	Criminal Minds (HDTV)	Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter	Bounty Hunter	Extremator	Extremator	Extremator
	628	584	32	SPKE	UFC Unleashed (HDTV)	UFC Unleashed	UFC Unleashed	UFC Unleashed	UFC PrimeTime	UFC PrimeTime	UFC PrimeTime	UFC PrimeTime
	521	560	34	TLC	Addicted 'Amanda'	Natalee Holloway: Lost			Hoarding: Buried Alive	Addicted 'Klea' (N)		Hoard-Buried
	145	761	35	TVS	Verdict	Irene ** (2002, Com. Sentimentale)			Dernier ep.	A Table	Mixeur	TVS Le Journal
	616	521	39	BVO	Relic Hunter	The House Next Door (2006, Suspense)	Lara Flynn Boyle			Hawthorne (HDTV)		NCIS
	620	523	40	BVO	Death at Opera	Bravo/Video	Arts & Minds	O'Reagan File	Wingfield	Star Portraits		Law & Order
	520	505	42	DIT	Daily Planet (N)		I Could Do	I Could Do	Howe & Howe Tech (N)	Solving History-Oilly Steeds	Daily Planet	Daily Planet
	575	583	43	CMS	Amer. Funniest Home Videos	Reba	Reba	Reba	According-Jim	Home Improve.	Due South	Due South
	601	562	45	SLC	Rich Bride Poor Bride	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada
	625	548	46	COM	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Lucky Louie	Hot Box
	294	529	47	TBS	Family Guy	Family Guy	Fire Down Below ** (1997, Action)	Steven Seagal			Seinfeld	Name Is Earl
	600	564	49	H&G	House Hunters	Property Virgin	Agent-Agent	Real Estate	Property Virgin	Unsellables	House Hunters	Holmes/Homes
	627	528	50	SPC	Stargate Atlantis	(DVS)	Star Trek: Voyager		Chuck (HDTV) (N)	Supernatural	Supernatural	InnerSpace (N)
	581	566	53	MTV	Peak Season	Cribs	Cribs	Going Out, Him	Spring Break Challenges	The Real World (N)		MTV Live
	618	524	54	TROP	Dog Whisperer	Hoarders			Hoarders	Parking Wars	Parking Wars	Spotted Rotten
	522	506	55	HS	Ice Pilots NWT (HDTV)	Ice Road Truckers			Ice Road Truckers	Ice Pilots NWT (HDTV)		Re-Inventors
	129	773	60	CHD	Biographies Robin Williams	Fantômes chez les stars			Destr Expr	Destr Expr	Experts en crime (HDTV)	Images-chocs
	261	394	61	V	Murder, She Wrote	No Place Like	Open All Hours		Jesus: The Last Years Based on the book.			Archaeologist
	602	567	62	W	Supernanny	Grocery Bag	Grocery Bag		Grocery Bag	The Restaurant	Girl's Best Friend (2008, Comedy-Drama)	Mixed Blessing
	269	350	70	APTN	Investigates	The Fraser River	Journey	Down2Earth	Cry Baby *** (1990, Musical Comedy)	Johnny Depp		TMZ
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)	The Dr. Oz Show (N)		Restaurant
	603	561	95	FN	Ricardo	Fresh-Anna	Challenge		Iron Chef America	Chopped		



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Carmen Electra regrets having her breasts enlarged. The former Baywatch actress — who boosted her modest bust to a DD cup size — now thinks she should have left her boobs as they were, femalefirst.co.uk reports. **METRO NEWS SERVICES**

Celebrity Buzz

McGee 'obsessed' with James, says ex

THEY SOUND PERFECT FOR EACH OTHER Ronald Shane Modica is speaking out about his ex-wife Michelle "Bombshell" McGee and her alleged affair with Sandra Bullock's husband Jesse James, us-magazine.com reports.

Modica — who unsuccessfully filed emergency court papers last Friday for full custody of Avery, his five-year-old son with

McGee — says that his own marriage suffered as a result of his wife's preoccupation with the Monster Garage star.

"We had problems during our marriage because of her obsession with Jesse James," Modica tells The Insider. "I once walked in to the salon that she owned and she had our wedding photo up there on her mirror and there was a

cut out picture of Jesse James' face over my face."

The ex-husband also explains that James' affair with McGee began in May 2009 — and that



McGee made inflammatory accusations about James and Bullock's union.

Bullock and James have been getting in touch with lawyers just in case things get messy after news of James' alleged infidelity came to light, according to TMZ. Sources say Bullock's reps have been in touch with several top divorce attorneys.

METRO NEWS SERVICES

Supermodel's hubby fears for her safety

NOT QUITE ON THE SAME LEVEL THERE, MATTY Claudia Schiffer's husband is terrified she will be murdered by a fan, just like John Lennon.

Director Matthew Vaughn — who confronted a stalker in the couple's home in Suffolk, East England, in 2004 — has serious concerns

for the safety of his supermodel spouse, femalefirst.co.uk reports.

He said: "We have had some freaks. I am not the famous one, but as a husband you get worried for your wife. With the John Lennon thing — now and again a celebrity gets 'done in,' it's scary."



METRO WORLD NEWS

Could Hilton's reality TV days be numbered?

ATHEISTS, START PRAYING — WE CAN DO THIS Paris Hilton has reportedly been shopping around a new reality show that will track her upcoming engagement and marriage to Doug Reinhardt — but no one's interest-



ed, according to Page Six. "She's been on TV constantly since 2003, when The Simple Life debuted, and the public may be saturated with Paris," a source says. Hilton's reps deny any such show has been pitched.

METRO WORLD NEWS

Hewitt gives herself a public pep talk

BECAUSE I'M GOOD ENOUGH, I'M SMART ENOUGH ... Jennifer Love Hewitt is taking her recent breakup with Jamie Kennedy in stride. "It's what life handed me, and I'm OK with it," she tells USA Today. "I know wholeheartedly that I'm a really good partner. I think I'm a really good girlfriend, and I think that I could be a really good wife." As for going back to work on The Ghost Whisperer, co-starring Kennedy, the actress says, "It's fine. Everyone's a grown-up. It just is what it is."



METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

SAMANTHA RONSON gives a lesson in the art of the diss, **ASHTON KUTCHER** is thinking about retirement, and **JUSTIN BIEBER** goes after an older woman.

@samantharonson Someone please tell Kat Von D that if she's gonna make fun of someone for being dumb "it's not rocket surgery" is not the phrase.

@aplusk Health care has been reformed. I'm gonna quit my job.

@justinbieber Barbara Walters just came backstage earlier. I hit on her... Just joking around though. Think she liked it. Haha

METRO NEWS SERVICES

Janet praises Tyler Perry

A HOLLYWOOD ANOMALY Janet Jackson says film director Tyler Perry was a major source of support when her brother Michael died unexpectedly last June — repeatedly checking on her and even halting work on the movie they were making together, people.com reports.

"He actually stopped production and was there for me," Jackson, 43,

told People on Monday at the New York premiere of Perry's new film, Why Did I Get Married Too? "(He was) constantly calling me, making sure I was OK, making sure that there wasn't anything that I needed or my family needed."

He is "such a sweetheart," she added, "so giving and so loving."



METRO WORLD NEWS

STARBUCKS MANAGEMENT HIRING EVENT

Thursday March 25th 2010 2pm-7pm
Westin Ottawa Hotel, 11 Colonel By Dr., at Rideau Centre

We are currently hiring experienced retail Or hospitality managers in the Ottawa area!

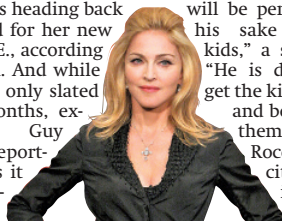
OPPORTUNITIES INCLUDE:
Shift Supervisors
Assistant Store Managers
Store Managers

Starbucks is an equal opportunity employer committed to hiring a diverse work team.



Ritchie wants Madonna to move kids back to England

WELL, EXCEPT FOR BABY JESUS Madonna is heading back to England for her new movie, W.E., according to the Sun. And while her stay is only slated for six months, ex-husband Guy Ritchie reportedly hopes it gets extended.

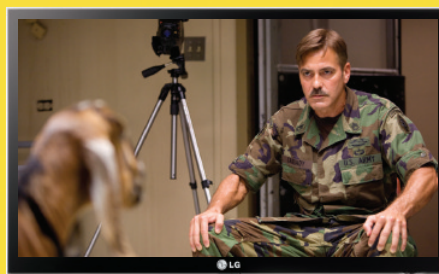


"Guy is hoping the move will be permanent for his sake with the kids," a source says. "He is desperate to get the kids over here and be able to see them more often. Rocco is so excited about it." **METRO WORLD NEWS**

THE MEN WHO STARE AT GOATS

COMING TO BLU-RAY, DVD & DIGITAL DOWNLOAD MARCH 23!

Starring George Clooney, Jeff Bridges, Ewan McGregor and Kevin Spacey



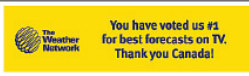
WIN
A 55" LG INFINIA™ LED LCD TV AND A COPY OF THE FILM!

The LG INFINIA™ LE8500 is so impossibly thin it barely contains movie excitement. And, with THX display certification you'll see the movie the way the director intended for an experience that makes stars leap off the screen.

Visit **clubmetro.com** and enter for your chance to WIN!

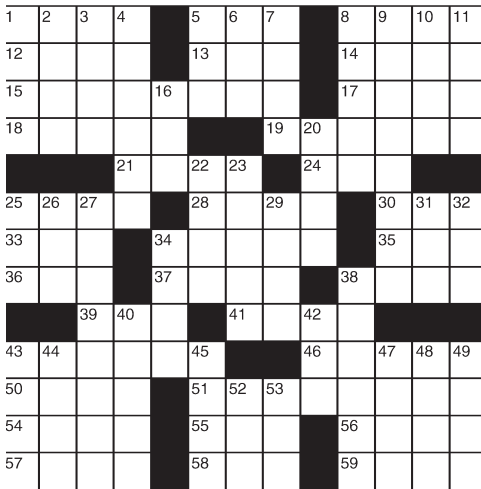


To register and for full contest details visit clubmetro.com. No purchase necessary. Contest starts March 15, 2010 at 12:01 a.m. EST and ends March 28, 2010 at 11:59 pm EST. Official contest rules regulations available at clubmetro.com. Open to residents of Canada, excluding the province of Quebec, who have reached the age of majority at the time of entry. Must correctly answer, unaided, a mathematical skill testing question to be declared a winner. Winner subject to verification by the Contest Sponsor. There are 1 Grand Prize and 10 Secondary Prizes to be won. Approximate retail value of Grand Prize is \$3,600.00 and each Secondary Prize is \$39.95. The odds of winning a prize depends on the total number of eligible entries received during the Contest Period.



For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

- 1 Satan's minions
- 5 Afternoon get-together
- 8 Burn somewhat
- 12 Paint layer
- 13 LummoX
- 14 Sitarist's music style
- 15 And so forth
- 17 "— Named Sue"
- 18 "Superman" star
- 19 Wreak havoc on
- 21 Big fair
- 24 D.C. title
- 25 Become a member
- 28 Reed instrument
- 30 Moray, for example
- 33 Samovar
- 34 La Scala show
- 35 Kanga's kid
- 36 Sleuth
- 37 Part of a three-piece suit
- 38 Slamming sound

- 39 Expert
- 41 Being, to Brutus
- 43 Mourn
- 46 Third rock from the sun
- 50 Sleeping
- 51 Skin cream ingredient
- 54 Antitoxins
- 55 Pod denizen
- 56 Tend texts
- 57 Celebrity
- 58 Knight's address
- 59 Lasso

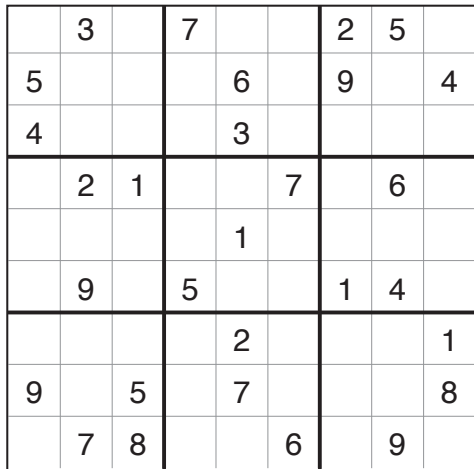
DOWN

- 1 Bakery worker, at times
- 2 Speck
- 3 Walk the floor
- 4 Spielberg or Soderbergh
- 5 Pirouette pivot
- 6 Listener
- 7 Somewhere out there
- 8 Want really bad
- 9 "Carmen" number
- 10 Enthusiastic,
- 11 Martha of comedy
- 16 Ritter of Westerns
- 20 On a cruise
- 22 Benedict XVI, e.g.
- 23 Unpleasantly plump
- 25 Stick out
- 26 Raw rock
- 27 Secretly
- 29 Doggie bag fill
- 31 Quite some time
- 32 Journal
- 34 Microwave
- 38 Dam builder
- 40 Fragrant wood
- 42 Witness
- 43 Glaswegian gal
- 44 Help hoods
- 45 Reveille's opposite
- 47 Give a makeover to
- 48 Stumble
- 49 Loathe
- 52 Mainlander's memento
- 53 Rowing need

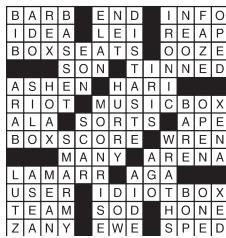
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



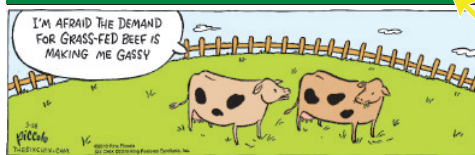
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



9	8	3	2	4	6	1	5	7
5	2	1	7	3	9	4	6	8
7	4	6	5	1	8	2	9	3
6	3	7	1	2	4	9	8	5
4	9	2	3	8	5	7	1	6
8	1	5	9	6	7	3	4	2
1	7	8	4	5	3	6	2	9
2	5	9	6	7	1	8	3	4
3	6	4	8	9	2	5	7	1

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Quinoa With Balsamic Vegetable Kebabs

INGREDIENTS:

- 2/3 cup quinoa, rinsed
- 1 2/3 cups hot vegetable stock, made with stock cube
- 2 x 250-g packages roasting vegetables
- 2 tbsp sunflower oil
- 2 sprigs of fresh thyme
- 200 g can corn, drained
- 1 tbsp butter
- 125g frozen peas
- 250 g marinated tofu, cut into bite-sized cubes
- 1 tsp mild chili powder
- 3 tbsp chopped fresh parsley
- 2 tbsp balsamic vinegar

METHOD:

1. Preheat oven to 400°F (200°C). Place quinoa and stock in large pot; add 1/2 tsp salt and ground black pepper. Boil, then cover and simmer gently 10 minutes.

2. Meanwhile, push roasting vegetables onto eight metal skewers, brush with oil and scatter with some leaves from thyme sprigs. Place in shallow roasting pan and season. Roast 10-12 minutes or until vegetables begin to soften.
3. Stir corn into pot of quinoa and add butter, peas and tofu. Add chili powder. Cover and cook gently 5 minutes. Remove from heat and leave to stand. Add parsley and fork through.
4. Drizzle balsamic vinegar over kebabs and return to oven to roast until just tender. Serve with quinoa.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20



You will be rather tense today but you will do okay if you keep in mind at all times that nothing can hurt you.

LIBRA SEPT 23-OCT 23



You may wish you had never started a particular project but you have no choice but to see it through to the end.

TAURUS APRIL 21-MAY 21



Don't try too hard to put your thoughts into words. This is one of those days when it is might be better to say nothing at all.

SCORPIO OCT 24-NOV 22



If you think that something is going to go wrong today it most likely will – it is your own negative attitude that is attracting negative events.

GEMINI MAY 22-JUNE 21



You may not be in the best of bargaining positions at the moment but that does not mean you are doomed to lose out or lose money.

SAGITTARIUS NOV 23-DEC 21



It's one thing to say you should love your neighbor, but some people don't make it easy. If someone is particularly annoying, try to avoid them.

CANCER JUNE 22-JULY 22



For some reason you have got it into your head that you need to be better than everyone else. That's nonsense.

CAPRICORN DEC 22-JAN 20



You may be feeling a bit insecure at the moment but that is not an excuse to grab at the first decent offer that comes along.

LEO JULY 23-AUG 23



Your mind seems to be working overtime at the moment: ideas come to you so fast you hardly have time to write them all down.

AQUARIUS JAN 21-FEB 18



Something is worrying you to such an extent that you can't get it out of your mind. By this time tomorrow, however, you will have forgotten why.

VIRGO AUG 24-SEPT 22



Virgo is a sympathetic sign and the best way to show that you care today is to give your time to some kind of charitable cause.

PISCES FEB 19-MARCH 20



Don't commit yourself to any new purchases today. What seems like a bargain may cost you several times more in the long-term.

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This day in history

1603: James VI of Scotland also becomes James I King of England.

1837: Canada gives African men the right to vote.

1882: Robert Koch announces the discovery of the bacterium responsible for tuberculosis (mycobacterium tuberculosis).

1944: World War II: In an event later dramatized in the movie 'The Great Escape', 76 prisoners begin breaking out of Stalag Luft III.

1965: NASA spacecraft Ranger 9, equipped to convert its signals into a form suitable for showing on domestic television, brings images of the Moon into ordinary homes before crash landing.

1972: The United Kingdom imposes "Direct Rule" over Northern Ireland.

METRO NEWS SERVICES

